

# WOMEN EMPOWERMENT

## VOICE OF WOMAN (VOW) MOVEMENT



### GENDER SENSITIZATION

Gender Sensitisation involves creating awareness about gender issues, working towards and creating an enabling environment of gender justice where men and women can work together with a sense of personal security and dignity. To sensitize masses about gender equality we at P.D.Hinduja College of Nursing conduct various participative and interactive sessions on 'Gender Sensitization' on regular basis in the nearby locality. As part of active NSS unit, NSS Volunteers organise various gender sensitisation program on regular basis.

#### AIM:

- Promoting gender-responsive adolescent health, including nutrition, pregnancy prevention and care, and HIV and HPV prevention.
- Supporting menstrual health and hygiene.
- Preventing and responding to gender-based violence.
- Conducting Awareness campaign on Female feticide, Sex education.
- Risk identification through screening.



## PHOTO GALLERY



**CELEBRATION OF NATIONAL SAVE GIRL CHILD DAY**



**SESSION DOMESTIC VIOLENCE “NGO DILAASA”**



**SENSITIZATION ON BREAST CANCER  
PREVENTION**



**MEGA HEALTH CAMP  
SCREENING ANTENATAL ”**



**PUPPET SHOW ON ENTIRE LIFE CYCLE OF A MOTHER**

## P. D.HINDUJA COLLEGE OF NURSING

### ANNUAL GENDER SENSITIZATION ACTION PLAN

ACTION	STRATEGIES/TASKS
<b>Educational Program</b>	<ul style="list-style-type: none"><li>▪ Session on Nutrition for Mother and Child</li><li>▪ Mass Education on Maternal and New Born care</li><li>▪ Health education for Commercial Sex workers.</li><li>▪ Adolescent Health Consultancy program for girls.</li><li>▪ Session on Breast Self-Examination</li><li>▪ Session on self Defence &amp; Cyber Crime Security</li></ul>
<b>Celebration of National &amp; International Days</b>	<ul style="list-style-type: none"><li>▪ International Women's Day celebration.</li><li>▪ International Day on Drug and Women Trafficking</li><li>▪ Breast Feeding week celebration.</li><li>▪ Celebration of Important Festivals on India.</li></ul>
<b>Awareness Campaign</b>	<ul style="list-style-type: none"><li>▪ Rally on Women Empowerment &amp; Female Feticide.</li><li>▪ Flash mob on Domestic Violence &amp; its impact.</li><li>▪ Menstrual Health and Menstrual Hygiene.</li><li>▪ Drug &amp; Alcohol Abuse.</li></ul>