

P. D. HINDUJA HOSPITAL

& MEDICAL RESEARCH CENTRE

PROGRAM SCHEDULE

8.30 am	Registration	
8.50 am	Introduction to Acute Pain management	Dr Manju Butani
9.00 am	New kids on the block. But is new better? TAP, Quadratus lumborum blocks vs epidural PEC1, PEC2, Serratus anterior blocks vs Paravertebral block Adductor canal block vs Femoral nerve block	Dr Preeti Gupta Dr Amit Dixit Dr Vandana Purandare
9.45 am	What's trending in acute postoperative pain management and how I do it: TKR, THR Laparoscopic surgery and major abdominal surgery Thoracic surgery Use of additives	Dr Shalini Saksena Dr Satish Kulkarni Dr Sanjay Upadhye Dr Anjali Pingle
10.45 am	Tea break	
11.00 am	Managing pain in the ICU	Dr Sheila N Myatra
11.15 am	Evidence based guidelines in acute pain management	Dr Jacqueline D'Mello
11.30 am	The role of an acute pain nurse	SN Sakshi Shinde
11.45 am	Panel discussion: Point of care management of acute pain. How do I troubleshoot?	Panelists: Dr Satish Kulkarni, Dr Sanjay Upadhye, Dr Pramila Kurkal, Dr Amit Dixit, Dr PN Jain, Dr Sheila Myatra Moderators: Dr Shalini Saksena, Dr Supriya Gajendragadkar
12.45 pm	Lunch	

Workshops: 1.30 pm - 3.30 pm

- IV PCA, pumps
- Abdominal: TAP block, Quadratus lumborum (USG)
- Chest blocks: PEC1 PEC2, Serratus Anterior (USG)
- Adductor canal block (USG)
- Thoracic and Lumbar epidurals (USG)

Faculty:

Dr Sunita Nandkumar, Dr Shwetal Goraksha, Dr Vandana Purandare, Dr Pramila Kurkal,
Dr Supriya Gajendragadkar, Dr Anjali Pingle, Dr Jacqueline D'Mello, Dr Shalini Saksena,
Dr Amit Dixit, Dr Preeti Gupta, Dr Hitesh, Dr Jayshree

3.30 pm - 4.30 pm: Valedictory: Feedback and discussion